

Abstract (Figure 1)

A composite textile fabric includes a layer 10 formed of hydrophobic 10A and hydrophilic material 10B knitted or otherwise formed together. The layer 10 is formed such that an upper surface consists of a plurality of small exposed areas of the hydrophilic material making up in total area about 25% of the overall area of the upper surface. The layer 10 acts as a one way liquid transport for moisture, extending away from the upper surface towards a lower surface of the layer 10.